




May 2021

This service is funded in part by a contract from the Minnesota River Area Agency on Aging, Inc. ® with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by: Brittney Sterns, RD, LD Posted menu is regular diet & provides average of 700-800 calories. Diabetic, sodium and fat restricted menus available upon request. MENU SUBJECT TO CHANGE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Chicken Breast in Country Gravy Boiled Potato Carrots Tropical Fruit/Cookie	Meatloaf Baked Potato Beets Fruit Cobbler	Taco Salad Fresh Fruit Bar	Scalloped Potato & Ham Green Beans Fruited Angel Food	Cranberry Chicken Buttered Boiled Potato Broccoli Pudding
10	11	12	13	14
Peppered Steak Au gratin Potatoes Peas Bar	Chicken & Rice Bake Creamed Corn Cream Puff Dessert	Hamburger Potato Salad Cole Slaw Fresh Fruit	Creamy Southern Smothered Chicken over Herb Rice Broccoli Pears	Breaded Pork Patty with Country Gravy Buttered Boiled Potato Carrots Bar
17	18	19	20	21
Chicken Parmesan over Penne Pasta Salad/Dressing Green Beans Poke Cake	Classic Shepherd Pie Cole Slaw Brownie	Roasted Pork Loin Mashed Potato/Gravy Carrots Peaches/Cookie	Peach-Glazed Chicken Sweet Potatoes Peas Bar	Chili Salad/Dressing Cinnamon Roll
24	25	26	27	28
Swiss Steak Buttered Boiled Potato Cauliflower Ice Cream	Hamballs Baked Potato Mixed Vegetables Lemon Angel Food	Chicken Cordon Blue Rice Pilaf Broccoli Fruit Cocktail	Meatballs in Gravy Mashed Potatoes Corn Bar	Lemon Pepper Fish Oven Browned Potato Green Beans Cake 
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Closed for Memorial Day		All meals are served with Bread/Margarine and 8oz Low Fat Milk  	Supplemental Nutrition Assistance Program (SNAP) payments are accepted in lieu of donation. Contact your Site Manager for more information.	Gift Certificates available at your site or can be purchased on our website: www.prairiefive.org